

WARNING!

Before proceeding with the boil and bite fitting process, please read the following procedure carefully and ensure it is fully understood before proceeding. The hot water may injure the skin – handle with care.

FITTING INSTRUCTIONS

Place the unheated mouthguard into your mouth to familiarize yourself with the most comfortable fit. The more surfaces of the teeth that the mouthguard can cling to, the better the protection that will be provided.

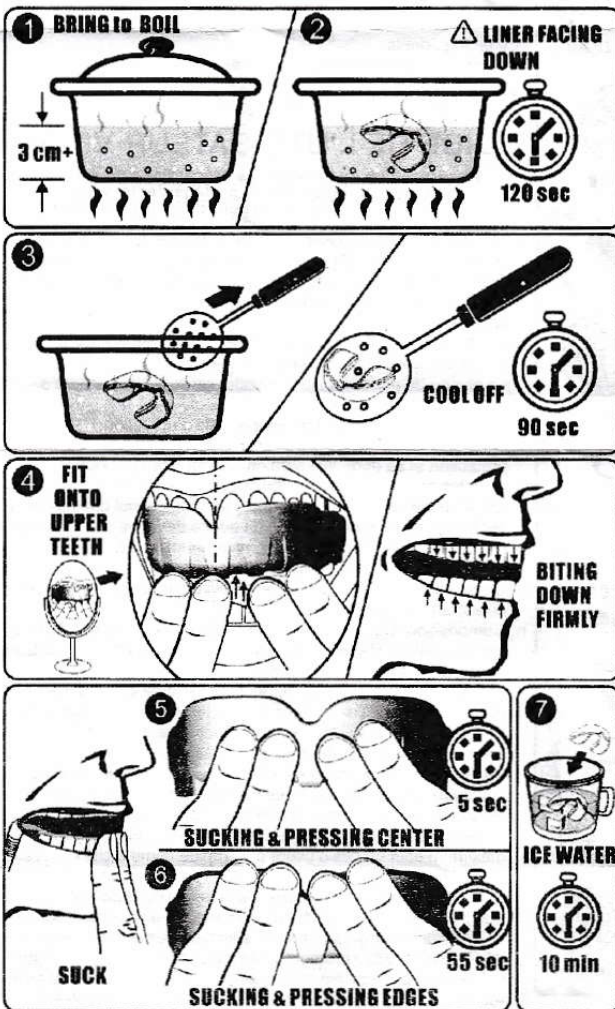
You will need: 1 pot with water, 1 slotted spoon, 1 cup of ice water, 1 mirror, and 1 timer.



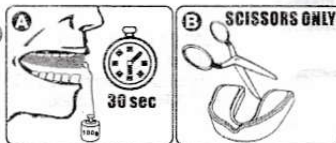
Procedure:

1-7: Please follow the steps detailed in illustrations from 1 to 7.

- ①鍋などに 3cm 強の深さで水を沸騰させます。
- ②ライナーを下にして、120 秒加熱します。
- ③取り出して 30 秒待ちながら冷めます。
- ④上の歯に押し当て噛み合わせます。
- ⑤歯にはめ込みながら、中心部を押し当てます。
- ⑥歯にはめ込みながら、端部を押し当てます。
- ⑦冷水に 10 分付け、硬化を待ちます。
- ⑧マウスガードを装着し、違和感がないかを確認してください。
- ⑨上手く装着できない場合や、ずれる場合は①-⑦の手順を時間を置いてから再度行ってください (適切に装着できている場合は 100g のおもりを 30 秒以上持ち上げることが可能です)。
- ⑩必要に応じて、ハサミでマウスガードの余分な部分を切り落としてください。



8. Place the mouthguard in the mouth and test for a secure, comfortable fit.
9. If the mouthguard does not fit comfortably, or does not stay in place (a suitably-fitted mouthguard should withstand hanging a 100 g weight for at least 30 seconds without falling off – image A), allow a few minutes to rest before repeating procedures 1 – 7 (procedures 5 and 6 are the most important steps.)
10. Only if necessary, carefully use a pair of scissors to trim off small pieces of the mouthguard. (image B)



USER'S GUIDE & FITTING INSTRUCTIONS

This mouthguard is dedicated for _____ use only.
From the date of _____ / _____ / _____

VENUM USER'S GUIDE

Be sure to read the following safety precautions before using this mouthguard.

Keep this manual handy for later reference.

- a.) This mouthguard passed in accordance with European PPE Regulation (EU) 2016/425 using SATRA M33 : 2011 (Type 2 mouth-adapted mouth guards) Performance Level 2 impact tests for players playing lesser contact sports and recreations such as Basketball, Cricket, Football / Soccer, Hockey, Rugby, Martial Arts and other contact sports.
- b.) The classification of the VENUM Predator Mouthguard type is a Type 2 mouth adapted mouthguards, suitable for Senior (ages 11 years and older).
- c.) The impact performance level contains 3 levels (1, 2, 3).
- d.) For full details of fitting, please see Fitting Instructions.
- e.) DO NOT chew your mouthguard. It's protection, fit and durability may be greatly diminished.
- f.) For wearers whose jaw is still in growth, primary dentition exfoliation, and secondary dentition eruption, the fit of the mouthguard must be checked regularly by a responsible guardian. If the mouthguard is found to be loose or tight fitting to the teeth and gums, it must be replaced.
- g.) These mouthguard should not be used with braces or other dental devices unless approved by the person fitting the brace. You must consult a dentist or orthodontist fitting a brace or other device to the teeth concerning the suitability of this or any other mouthguard.
- h.) Material: FDA grade EVA, TPR and PP materials.
- i.) After each use, wash mouthguard and box by rinsing with fresh water (no hotter than 35 °C / 95 °F), and allow to air-dry.
- j.) Visually check your mouthguard after each use, checking for signs of wear. The mouth-guard should be replaced immediately if the mouthguard biting surface is cracked or split, or if the inner material has separated from the outer shell.
- k.) Dependant upon the regularity and severity of use, your mouthguard should be replaced every 2 years, although this may vary and products should be visually inspected prior to each use for damage or other irregularities as outlined in (j), and checked for fit.
- l.) The materials used in the construction of this mouthguard are not considered to cause sensitization or allergic reactions. However, if any discomfort or pain is felt during use of this mouthguard, a doctor or dental professional should be consulted.
- m.) The mouthguard to be kept in the mouthguard box when not in use. This mouthguard box provides secure, clean storage for your mouthguard.
- n.) WARNING: Do not allow any other person other than the named user to use the mouthguard. Please write users name indelibly on the mouthguard box.
- o.) Choosing a Mouthguard: Please select a mouthguard of appropriate size and type based on the age range information provided by the manufacturer. Please ensure that the mouth guard you have chosen is of the correct type and performance level related to the sport and recreation that you will be using this mouthguard for. A list of all sporting activities that this mouth guard is intended to be suitable for is provided.

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